# HealthPathways & HealthInfo

# 800+ clinical pathways and resources connecting our health system

## **WHAT IS IT?**

HealthPathways is a password protected website which is the main source of assessment, management and request information about Canterbury health services for general practice teams and other community healthcare providers.

The HealthPathways website contains integrated patient pathways and information on referrals, specialist advice, diagnostics, GP procedure subsidies and patient handouts - all of which have been collectively agreed by health professionals from across the health system.

HealthInfo (www.healthinfo.org.nz) is a 'sister site' to HealthPathways, providing trusted, high quality health information to the people of Canterbury. The site is designed to empower people to find out more about their health conditions and keeping themselves well. It includes information about health conditions, local health services and supports, medications and general health and wellbeing. The information is written and approved by local doctors, nurses, pharmacists and allied health professionals.

### WHO'S INVOLVED?

HealthPathways are developed and agreed by general practitioners, hospital clinicians and a wide range of other health professionals involved in the care of Canterbury patients all over the health system.

#### WHAT DOES THAT MEAN FOR ME?

HealthPathways sits across the interface between primary and secondary care and help to improve the quality of care and reduce the time people spend waiting while supporting the delivery of more services closer to people's own homes.

HealthPathways have enabled GPs to deliver procedures such as skin lesion removals, mirena insertions, pipelle biopsies, sleep assessments, spirometry tests and steroid injections and/or aspirations.

This means that people can receive these procedures from a GP in their own communities, without the need for a hospital visit.

A survey, published in the New Zealand Medical Journal 2015, showed that doctors and nurses in general practice thought that HealthPathways assisted in the provision of more healthcare in the community and improved the care they delivered to their patients.

80% of General Practitioners use HealthPathways more than 6 times per week.



