

# Perineal Care & Repair Workshops 2023

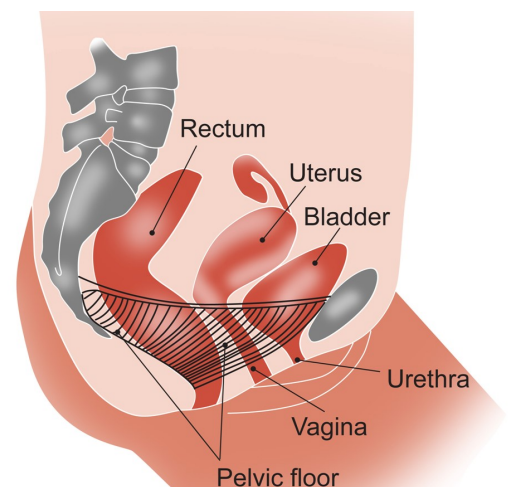


Date	Time	Venue	Room
Wednesday 7 June	0850—	Manawa Education Centre	107
Thursday 20 July	1700	276 Antigua Street	301

## Topics include:

- Anatomy refresher
- Update on research
- Severe Perineal Trauma management
- Role of Physiotherapy acute and long term.
- Suturing Technique
- Hands-on practice
- AN/PN Pelvic floor exercises
- Identification of tears
- Pelvic floor dysfunction post childbirth

The pelvic floor acts like a hammock



- ⇒ **Facilitated by Midwifery Educators with various speakers.**
- ⇒ **Approved by the Midwifery Council and allocated 8 hours towards Continuing Education component of the Recertification Programme**

## Bookings:

Please book via the **HealthLearn** website: [www.healthlearn.ac.nz](http://www.healthlearn.ac.nz) or email

[education.mat@cdhb.health.nz](mailto:education.mat@cdhb.health.nz) or phone 364 4730 (internal extension 85730)

CDHB staff please apply via HealthLearn to your line manager least six weeks prior to the course if you are requesting paid education leave.

No registration fees