

# Iron Infusion

## Patient information - Medical Day Unit

You have an appointment to receive an iron infusion in the Medical Day Unit (MDU). We wrote this information to help you prepare for your visit.

The Medical Day Unit is based within Christchurch Hospital. It provides care and support of medical patients and their families/whanau.

Generally, admission to the Medical Day Unit means that you will have your treatment and be discharged home on the same day.

Our staff are committed to providing professional personalised care. Our concern is always your safety, treatment and comfort.

### The Medical Day Unit Team

The staffing within the unit includes a Clinical Charge Nurse, Ward Clerk, hospital aides and full-time, part-time and casual registered nurses.

On your admission to the Medical Day Unit, you will be assigned a nurse who is mainly responsible for planning your nursing care and arranging your discharge.

Specialist doctors may visit you in the Medical Day Unit, however with iron infusions the nurses usually provide all your care. If you or members of your family/whanau wish to speak with a doctor, please tell your nurse when you arrive in the unit so we can arrange this.

### Before your admission

Please notify staff by telephone before your admission if you were admitted to or worked in any other hospital within the last two years. This is necessary to prevent the spread of an antibiotic resistant bug known as MRSA.

If there is any change in your physical condition, such as a cold, diarrhoea, vomiting, fever, or if you are unable to attend for some personal reason, please ring the Medical Day Unit as soon as possible:

Telephone 364 1180 or Fax 364 1181

### Unit hours

Monday to Friday (excluding public holidays): 7.30 am - 6.30 pm

### Visitors

Due to the unit's size, visitor numbers are limited, though the unit will always try to accommodate whenever possible.

### Medical Certificate

If you require a medical certificate, please notify staff on your arrival. If you need a medical insurance form or travel form completed, please bring this with you and advise your nurse when you are being admitted to the unit.

### How to find to the Medical Day Unit

The Medical Day Unit is on the west side of the hospital and can be accessed from the Riccarton Avenue side of the hospital. Refer to the map at the end of this pamphlet. Or hospital staff at the Reception desk in the main foyer can direct you.

### Hospital car parking

Christchurch City Council Pay and Display car-parks are located:

- **Park and Ride shuttle** (located) on Deans Ave and operates from 7am—8.30pm, seven days a week. Parking costs \$5 for the day cash or credit card (paying by credit card costs 50c extra). Coins only accepted no notes. Shuttle leaves every 15 minutes and drops off at main entrance of the hospital. **Remember your car registration** - you need to enter this into the parking machine when you pay for your parking. These car-parks are for the use of both patients and visitors.
- **Drop off zone** located outside the Christchurch hospital main entrance

- **Mobility parking** located outside the front of the hospital.

### What to bring with you

- a list of all your current medicines and a list of the medicines taken in the last four weeks
- all the medications you would usually take at home during the time you will be in the MDU
- glasses, hearing aid, walking aids that you use
- magazines or a book to read (optional)
- wear comfortable clothes
- please **DO NOT** bring any valuables with you.

### Admission time

Please arrive on time for your scheduled appointment. Please note that your admission time is not your procedure time. We will do our best to ensure you have your procedure at the planned time, however this time may change due to acute patients having priority. However we will take all possible steps try and prevent this. We will keep you informed.

### The Day of Admission

- Eat and drink as normal.
- Take all normal medications on the morning of the procedure.
- Your nurse will explain the procedure to you.

### Meals

The unit will provide food and drink for patients. Water is available from the water cooler . If you have a support person with you he or she can use the cafeteria on the first floor as well as the café in the main hospital entrance and the take away café bar based in Christchurch Women's Hospital.

### Discharge

Please do not leave until you have seen your nurse and collected the following:

- discharge letter
- prescription or take home medication if required
- medications brought into hospital that you gave to your nurse
- valuables that you brought in with you and gave to your nurse
- answers to any questions you may have before leaving hospital.

### Valuables

Valuables and possessions are brought into the hospital at your own risk. However we do have a lockable cupboard for small items only.

### Smoking

Canterbury DHB has a no smoking policy and all hospitals and surrounding grounds are smoke free.

### Concerns or Questions

If you would like to discuss the standard of care that you have received while in the unit, please ask the Charge Nurse or put it in writing or speak with the Customer Services Department. Your nurse will help you with this process.

Christchurch Hospital has a formal process in place to help people to make compliments/complaints about the quality of care that they receive. This information is used to ensure that we are providing a high standard of care and make appropriate changes as necessary.

We look forward to meeting you and assisting you throughout your stay. Please feel free to phone us if you have any questions.

For more information about:

- your health and medication, go to [www.healthinfo.org.nz](http://www.healthinfo.org.nz)
- hospital and specialist services, go to [www.cdhb.health.nz](http://www.cdhb.health.nz)

