

NHI WARD

SURNAME

FIRST NAME

GENDER DOB AGE

(or affix patient label)

Postpartum Haemorrhage Prevention and Third Stage of Labour

Tick which risk factors apply (1,2,3,4)

ANTENATAL

INTRAPARTUM (CURRENT)

HIGH RISK (odds ratio ≥ 4-fold increased risk of PPH)		TICK
	Cervical laceration	
	3 rd of 4 th degree tear	
	Retained placenta	
	Emergency caesarean in labour	
	Fetal demise	

MODERATE RISK (odds ratio 2-to-4-fold increased risk of PPH)

Prior PPH		
Previous caesarean		
Placenta previa, and abruption		
High vaginal laceration		
Multiple pregnancy		
Pre-eclampsia, Eclampsia, HELLP		
Elective caesarean pre-labour		
	Uterine rupture	
	Fever ≥ 38.5 in labour	

MINOR RISK (odds ratio < 2 (1-to-2-fold increase in risk of PPH))

Nulliparity		
Age > 35 years		
Overweight (BMI ≥ 25-30) and obesity ≥ (BMI 30.0)		
Ethnicity: Asian, Pacific Island, Hispanic, African American		
Diabetes		
Hypertension		
Fibroids		
Anaemia		
Antidepressant exposure		
Polyhydramnios		
Chorioamnionitis		
	Oxytocin during labour	
	Induction of labour	
	Artificial rupture of membranes	
	Epidural Analgesia	
	Labour dystocia	
	APH	
	Instrumental vaginal birth (forceps or vacuum)	
	Episiotomy	
	Shoulder dystocia	
	Macrosomia and/or head circumference ≥ 35cm	

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PPH Prevention and Third Stage of Labour

ACTIVE MANAGEMENT THIRD STAGE OF LABOUR (PPH PREVENTION)

☐ IV access?

☐ 10iu oxytocin IV Bolus as slow push over minimum of 1 minute

Caution: give lower dose of 5IU IV if suspected cardiac condition or unknown cardiac status due to side effects of transient hypotension/tachycardia

☐ No IV access?

☐ 10iu oxytocin IM

If 1+ factors in high-risk category and/or 2+ factors in moderate risk category and/or 3+ in low risk category, consider Syntometrine.

Contraindications for Syntometrine: hypertension, hepatic/renal impairment, cardiac conditions, and sepsis.

☐ 1ml **Syntometrine**® (5iu oxytocin plus 0.5mg ergometrine) IM

☐ IM Injection site: deltoid if BMI \geq 25

Cord clamping and timing of uterotonic

☐ Give uterotonic 0-3 minutes post-birth

☐ Clamp cord 3-5 minutes post-birth

(more information in [Umbilical Cord Clamping](#) maternity guideline)

Comments: