

Waitaha Nursing Research Showcase 2024

Day 2 – Tuesday 30 July

Time	Presentation	Presenter Details
1200-1205	Welcome	
1205-1220	<p>Learning through sharing stories – valuing experience</p> <p>One of the issues we face as health care practitioners is the need to share our knowledge, understanding and experience. Following on from the disaster experiences that have impacted the Canterbury region, and reflecting on national and international events, the value of 'story-telling', of narratives and of shared learning has become evident. For many, it is easier to imagine, remember and learn when hearing the direct experience than reading even the most well written scientific article. This does not mean there is no room for these, but rather we need all forms of research dissemination.</p>	<p>Sandra Richardson Health New Zealand Te Whatu Ora Canterbury Waitaha Christchurch Hospital, Emergency Department Nurse Researcher</p> <p>Sandy has worked in health care for nearly 30 years, with much of that time spent in emergency nursing with additional roles in healthcare education and research. Her research has included a focus on disaster and nursing responses, socio-political issues including cultural safety and advanced nursing practice, ethics and violence and aggression towards health care practitioners. Sandy is also passionate about supporting and mentoring others who are new to nursing and new to research, having supervised many under and post graduate nurses, and worked with those in the clinical setting undertaking study and clinical projects.</p>
1220-1230	<p>A Private Universe: What does spirituality mean and is appropriate support being provided for people in hospital?</p> <p>This research interviewed 11 people to find out what the word Spirituality meant to them and what was spiritually important. It investigated if the spiritual support we offer for an increasingly diverse population was equitable when it came to holistic care. We also spoke about spiritual support through the chaplaincy service. Currently, The Ministry of Health [MoH] has not reviewed or revised the chaplaincy contract for 50 years and, when last asked, had no intention of doing so. The MoH has declared that providing the same service to groups with different needs is immediately inequitable. Unfortunately, the chaplaincy remains 100% Christian under the MoH contract. Several chaplains spoken with during this research recognise the need for chaplaincy to expand and diversify.</p>	<p>Colin Woodhouse Health New Zealand Te Whatu Ora Canterbury Waitaha Christchurch Hospital, Ward B8 Nurse Educator Results from Masters, University of Canterbury</p> <p>Colin's first degree was in Geology and he spent several years working in the oil industry. Colin grew to hate that and decided to do something very different by changing career pathway into nursing. Colin trained in Leeds and, since qualifying in 2000, he has spent most of his time working in neurosciences. He, his wife, and son migrated to Aotearoa/New Zealand in 2007. Colin has had a side interest in palliative care since doing a student placement in a hospice which, over time, spurred his interest in spirituality and spiritual support. He firmly believes that the chaplaincy needs to expand to be multi-faith and no-faith to provide appropriate support for the people in our diverse population.</p>

Time	Presentation	Presenter Details
1230–1240	<p>Understanding the worldview of health and wellbeing from a Samoan New Zealander's perspective in Canterbury Waitaha, Aotearoa New Zealand.</p> <p>This presentation will review Suli current doctoral research. Two themes serve as the foundation for this research: Pacific people's health status is worse than that of non-Pacific people because the current health system does not adequately address their needs; and despite the fact that Pacific health models promote holistic well-being, there is insufficient evidence to determine whether these measures are effective in actual practice.</p> <p>This research applies the Talanoa Research Methodology (TRM) approach in both Talanoa group and one-to-one settings to fully comprehend the health and worldview of Pacific communities, specifically Samoan New Zealanders residing in the Canterbury Waitaha region of Aotearoa New Zealand. The Canterbury Waitaha region has endured tragic events such as the Christchurch 2011 earthquakes and the 2019 Christchurch Mosque shootings. It is worthwhile to investigate the effects of these events, the capacity of Samoan New Zealanders to navigate their place in this region, and the local context in which these communities conceptualise health and wellbeing. The Samoan proverb 'e sui faiga ae tumau fa'avae' implies that our practices may change, but the values and foundations of our cultural traditions remain constant. Talanoa with Samoan New Zealander communities in Canterbury Waitaha will be crucial for providing useful evidence regarding their experiences with the healthcare system and perceptions of health and well-being.</p> <p>It is hoped that these research findings will inform changes in practice and in the regional health system regarding the significance of recognising Pacific worldviews, identity, culture, and ethnicity as essential to health and well-being, consequently fostering a sense of belonging for Pacific communities in Canterbury Waitaha and in regions throughout Aotearoa New Zealand.</p>	<p>Vui Suli Tuitaue Etu Pasifika, Te Puawaitanga ki Ōtautahi & Purapura Whetu Casual Registered Nurse Doctoral Student at University of Canterbury</p> <p>Suli is passionate about holistic health and wellbeing and the promotion of physical activity. As a registered nurse, fitness trainer, and health promoter, he is committed to supporting individuals and families in their health journeys and to helping inspire and motivate communities with the message 'health is wealth'. Suli is humbled to work in collaboration with our Pacific communities and stakeholders to advocate for our most marginalised and vulnerable communities. Working alongside the communities he serves allows him to provide a strong focus on illness prevention which Suli hopes this will ultimately see a positive change in improving Pacific health statistics and health equity for all Kiwis.</p>

Supported by:



Hosted by:



Time	Presentation	Presenter Details
1240–1250	<p>Palliative Care in Aged Residential Care Review</p> <p>This presentation will summarise the results of a review of the Palliative Aged Residential Care (PARC) service that was undertaken by Helen Lloyd and Diana Abeysinghe. The review aimed to assess if the PARC service continues to successfully meet the needs of ARC and to identify any gaps in the service. Increased life-expectancy and an ageing population have placed considerable pressure on health services. It is predicted that the number of deaths in New Zealand will increase dramatically and the majority of these will occur in Aged Residential Care (ARC) facilities. It is imperative that ARC staff can provide quality palliative and end-of-life care for this increasingly complex population. The Nurse Maude PARC Service was implemented in November 2016 as a result of funding from the Ministry of Health for new innovations. The PARC service provides education, coaching and mentorship, and support in complex palliative case management for ARC staff to build capability and confidence for the provision of palliative care.</p> <p>To aid the review, a survey was developed in consultation with the PARC team and approved by the Nurse Maude Quality Committee. The surveys were sent out to the 98 facilities the PARC service support across Canterbury. From the results of this, a report of the PARC service was compiled and included findings and recommendations. These results will form the basis of this presentation.</p>	<p>Diana Abeysinghe Nurse Maude, Palliative Aged Residential Care Service Clinical Nurse Specialist</p> <p>Diana Abeysinghe works as a Palliative Care Clinical Nurse Specialist, within the Palliative Aged Residential Care (PARC) service at Nurse Maude. Diana has been with Nurse Maude for eight years and has been in this current role for the past three years. Diana’s clinical background is in palliative care, oncology and general medicine nursing. Diana also has a Masters in Health Sciences endorsed in Nursing (Clinical) through the University of Otago, Christchurch.</p>

Supported by:



Hosted by:



Time	Presentation	Presenter Details
1250–1300	<p>The Professional Quality of Life of flight nurses in New Zealand</p> <p>This presentation will review research that was aimed at to determining the Professional Quality of Life of the aeromedical retrieval nurses (flight nurses) of New Zealand. As the work of flight nurses is specialised and requires a high level of education and experience, it is imperative that we retain nurses in the positions for long enough to ensure they are successful in their roles. By being aware of the state of their lived experience of their professional lives, we can identify areas of positive influence as well as negative experience.</p> <p>Professional Quality of life is a measure of how people experience their working life. It is described as the interaction of Compassion Satisfaction and Perceived support on the positive side, and Compassion fatigue on the negative side. Compassion fatigue is the culmination of Burnout, Secondary Traumatic Stress and Moral Distress. By using the Professional Quality of Life survey tool, we can determine how someone, or a group of people feel at any one given time. It is useful to determine if there are a significant number of people in a group (a ward, unit, hospital or specific service) who are suffering from Burnout and high levels of secondary traumatic stress or Moral Distress. Several key themes were identified on both the positive and negative aspects of their world. In the positive side nurses notes the autonomy of their work, the teamwork and being in a position to provide an essential service to patients and families. The long and variable hours, lack of organisational support and inappropriate retrievals were noted on the negative side.</p>	<p>Charmaine Le Roux Health New Zealand Te Whatu Ora Canterbury Waitaha Christchurch Hospital, Intensive Care Department Registered Nurse, Flight Nurse Results from Masters, University of Otago</p> <p>Originally from South Africa, Charmaine Le Roux completed her Bachelor of Nursing and Midwifery in her home country and continued her studies to include a Post-Graduate Diploma in Critical Care whilst in South Africa. Charmaine moved to New Zealand in 2016 and has been working in Christchurch Hospital's Intensive Care Unit since this time. During 2020, and whilst she was still working within the Intensive Care Unit, Charmaine started her career in the Canterbury Air Retrieval Team and the New Zealand Flying Doctors Service. Having recently completed her Master of Health Science, Charmaine chose to specialise her master's within aeromedical retrieval and transport. This allowed Charmaine to base her research project on area which provides valuable insights into the quality of life for flight nurses in New Zealand.</p>
1300–1315	Questions	
1315–1320	Closing	

Supported by:



Hosted by:

