



## STEP ONE

# POLICY

### STEP 1B

**Have a written infant feeding policy that is routinely communicated to staff and parents.**

### HIPANGA 1B

**Me whakarite tētahi kaupapa here whāngai kōhungahunga e kōrero pūpututia ana ki ngā kaimahi me ngā mātua.**

Review date: November 2022

*The CDHB commits to adhering to and further incorporating the principles of Te Tiriti o Waitangi, outlined in the breastfeeding policy, at each review.*

## PURPOSE

To ensure evidence-based practice with high standards of care and consistent information is provided by those working directly with pregnant and breastfeeding māmā.

To meet the requirements of the New Zealand Breastfeeding Alliance (NZBA) for accreditation of Baby Friendly Hospital facilities.

## RESPONSIBILITY

This guideline, associated with the Breastfeeding Policy is applicable to all Canterbury District Health Board (CDHB) employees working within maternity facilities including, visiting health professionals and students.

## GUIDELINE

CDHB will have a written breastfeeding policy and associated guidelines that address all of the Ten Steps to Successful Breastfeeding (Revised 2020).

All Canterbury maternity facilities will fully implement the 'Ten Steps to Successful Breastfeeding' (Revised 2020) as set out in the CDHB Breastfeeding Policy.

All staff who regularly have contact with pregnant and postnatal māmā and their whānau will:

- Receive a copy of this policy or be shown where to locate it on the CDHB Intranet.
- Be orientated to the policy within one month of commencing employment.



An abridged version of the breastfeeding policy – a whanau guide/summary will:

- Be displayed in antenatal clinic areas, labour and birthing areas, maternity wards, neonatal unit and other areas where care for pregnant wāhine, māmā and whānau are routinely provided within Canterbury maternity facilities.
- State that a full policy is available on request.
- Be available in English, Maori and all other languages where the percentage of mothers in the facility is  $\geq 5\%$  (currently available in Samoan, Mandarin and Filipino/Tagalog).

Information provided to pregnant wāhine, māmā, whānau should be ethnically and culturally appropriate and relevant to specific needs.

Any additional guidelines or policies which may impact on the care of breastfeeding māmā and pēpi should be evidence-based, accurate and effective.

Compliance with the policy is mandatory and should be audited at least annually, with the results used to ensure continuing full implementation of the BFHI.

The policy should be reviewed, with consultation from the wider community, at least every 3 years or more frequently if the emergence of new research requires it.

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## BREASTFEEDING POLICY – REVIEW AND PUBLIC CONSULTATION PATHWAY

### Initial review and preparation for wider consultation

- Reviewed by BFHI Steering Group (Includes Māori Health Worker)
- Sent to Clinical Guidelines Group for approval
- Sent to CDHB Maternity Quality Governance Group

### Wider consultation

- Mana Whenua ki Waitaha (CDHB)
- Maternity Consumer Council (Inclusive of cultural diversity)
- Ngā Ratonga Hauora Māori – Māori Health Services
- Distribution to all Access Agreement holders via email
- Sent to all Community Units for consultation and to consult within their own areas (Ashburton, Lincoln, Kaikoura, Rangiora)
- Distribution to Maternity Staff through BFHI Coordinator via email and hard copy in clinical areas
- Distribution to Well Child Providers services
- Distribution to wider community, through Canterbury Breastfeeding Network (inclusive of tangata whenua, cultural diversity and wide community group representation)

### Final draft review

- BFHI Steering Group
- Clinical Guidelines Group
- CHDB Maternity Quality Governance Group

Date Issued: November 2021

Review Date: November 2022

Authorised by: Clinical Guidelines Group and Maternity Quality Governance Group

Owner: Breastfeeding Coordinator

Step 1: Policy  
Breastfeeding Guidelines  
Christchurch Women's Hospital  
Christchurch New Zealand