

NHI WARD

SURNAME

FIRST NAME

GENDER DOB AGE

(or affix patient label)

Active Management Third Stage of Labour (PPH Prevention)

Tick which risk factors apply (1,2,3,4)

ANTENATAL

INTRAPARTUM (CURRENT)

| HIGH RISK (odds ratio ≥ 4-fold increased risk of PPH) | | TICK |
|---|--|------|
| | Cervical laceration | |
| | 3 rd of 4 th degree tear | |
| | Retained placenta | |
| | Emergency caesarean in labour | |
| | Fetal demise | |

| MODERATE RISK (odds ratio 2-to-4-fold increased risk of PPH) | | HIGH RISK SCORE |
|--|------------------------|-----------------|
| Prior PPH | | |
| Previous caesarean | | |
| Placenta previa, and abruption | | |
| High vaginal laceration | | |
| Multiple pregnancy | | |
| Pre-eclampsia, Eclampsia, HELLP | | |
| Planned caesarean pre-labour | | |
| | Uterine rupture | |
| | Fever ≥ 38.5 in labour | |

| MINOR RISK (odds ratio < 2 (1-to-2-fold increase in risk of PPH) | | MODERATE RISK SCORE |
|--|--|---------------------|
| Nulliparity | | |
| Age > 35 years | | |
| Overweight (BMI ≥ 25-30) and obesity ≥ (BMI 30.0) | | |
| Ethnicity: Asian, Pacific Island, Hispanic, African American | | |
| Diabetes | | |
| Hypertension | | |
| Fibroids | | |
| Anaemia | | |
| Antidepressant exposure | | |
| Polyhydramnios | | |
| Chorioamnionitis | | |
| | Oxytocin during labour | |
| | Induction of labour | |
| | Artificial rupture of membranes | |
| | Epidural Analgesia | |
| | Labour dystocia | |
| | APH | |
| | Instrumental vaginal birth (forceps or vacuum) | |
| | Episiotomy | |
| | Shoulder dystocia | |
| | Macrosomia and/or head circumference ≥ 35cm | |
| | | MINOR RISK SCORE |

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If **1+ factors in high-risk** category and/or **2+ factors in moderate risk** category and/or **3+ in low risk** category, recommend IV access.

☐ IV access?

☐ 10iu oxytocin IV Bolus as slow push over minimum of 1 minute

Caution: give lower dose of 5IU IV if suspected cardiac condition or unknown cardiac status due to side effects of transient hypotension/tachycardia

☐ No IV access?

☐ 10iu oxytocin IM

If **1+ factors in high-risk** category and/or **2+ factors in moderate risk** category and/or **3+ in low risk** category, consider Syntometrine.

Contraindications for Syntometrine: hypertension, hepatic/renal impairment, cardiac conditions, and sepsis.

☐ 1ml **Syntometrine®** (5iu oxytocin plus 0.5mg ergometrine) IM

☐ IM Injection site: deltoid if BMI ≥ 25

Cord clamping and timing of uterotonic

☐ Give uterotonic 0-3 minutes post-birth

☐ Clamp cord 3-5 minutes post-birth

(more information in [Umbilical Cord Clamping](#) maternity guideline)

Comments: