

Pain Relief

Your child has received either a local anaesthetic, or an anaesthetic in the spine for post operative pain. The effect of this lasts a few hours. After that, regular paracetamol (every 4 - 6 hours) provides good pain relief. In some cases additional analgesia in the form of ibuprofen (if not contraindicated) may be required.

Wound Care

No specific wound care is required. Your child may shower or bath soon after the operation. Leave Mefix (white dressing) or Tegaderm (transparent dressing) on as it will dry naturally. The dressing falls off by itself in 1-2 weeks. Bruising and some swelling are common and will disappear after a few days. Some blood beneath the dressing is normal.

Stitches

The stitches are dissolvable. They will not need to be removed.

Infection

This is uncommon. If the wound appears swollen, red and/or painful, this may indicate a wound infection. Contact your GP as your child may need an antibiotic

Activity

In general, the child can be allowed to do what he feels comfortable doing. Contact sports, bike riding or horse riding for 2 weeks may cause discomfort and bruising of the scrotum after an orchidopexy.

Clothing

Avoid constrictive clothing. However, supportive underwear may reduce discomfort after surgery.

School

Your child can return to school when comfortable. It may take a little longer for your child to resume all sporting activities.

Diet

Normal. Drink plenty of fluids and eat fruit and vegetables to prevent constipation.

Complications

Complications are uncommon but may include infection, bleeding, injury to the sperm tube (vas deferens) or blood vessels, injury to the testis, or recurrence requiring further surgery.

Laparoscopic Procedure for Undescended Testis

If laparoscopy was performed your child may experience some abdominal or shoulder tip pain because of the gas used for the procedure. This will disappear on its own.

Follow-Up

As instructed before discharge.

